Your diabetes data, simply there.



With the mySugr® app it's quick and easy to collect all your important diabetes therapy data in one place through a growing number of connected devices, integrations and manual logging.

mySugr is created by people with diabetes for people with diabetes and eases the complexity of your daily diabetes routine. We envision a world where a person with diabetes can live a full and healthy life, freed from worrying about the daily grinds of their therapy. With over 3 million registered app users in more than 70 countries¹, we are well on our way to achieving our goal to make diabetes suck less[®]!



mySugr Estimated HbA1c

When we say we want to add ease to diabetes management, we mean it! We know how nerve-wracking it can be to get your HbA1c at the doctor. That's why we built an estimated HbA1c value right into the mySugr app! Once you've logged enough blood sugar values, you can view your eHbA1c* anytime, anywhere by simply glancing at the dashboard in the app. Aaaaand breathe...



No More Surprises!

- Regular logging means constant eHbA1c* updates
- · Your personal diabetes health goals are always in view
- · Enter your healthcare visits with confidence

Knowledge is Power!

The estimated HbA1c* allows for a long-term perspective while navigating the day-to-day tasks of your diabetes management. The mySugr app helps you to prepare for your doctor visits when you scroll through your mySugr data logs. Go one step further by wirelessly connecting to your Accu-Chek Guide or Accu-Chek Guide Me blood glucose meter. See your blood sugar values imported by the magic of bluetooth and say good-bye to surprise HbA1c numbers!



- Open the mySugr app
- Log or import your blood glucose values
- Repeat this at least three times a day for one week
- Check the small circle in the top right hand corner of the mySugr App and see your eHbA1c*









Screen images shown are examples only and images you see may vary depending on device and app version.

Frequently featured in popular diabetes media, (Medical Tribune, The Diabetes Times, The Guardian and Deutsche Ärztezeitung) mySugr is the app that helps with the daily diabetes therapy. mySugr eases the process of logging and features a home screen where you can view graphs, daily stats, data, and much more! With mySugr, a host of features come together in one easy to use tool.



Reference: 1. Roche Messaging Warehouse, July 2021

WARNING - KEEP BATTERIES OUT OF REACH OF CHILDREN. If you suspect your child has swallowed or inserted a button battery immediately call the 24-hour Poisons Information Centre on 13 11 26 for fast, expert advice. FOR PEOPLE WITH DIABETES. ALWAYS READ THE INSTRUCTIONS FOR USE. CONSULT YOUR HEALTHCARE PROFESSIONAL FOR ADVICE. ACCU-CHEK, ACCU-CHEK GUIDE, ACCU-CHEK GUIDE ME, MYSUGR and MAKE DIABETES SUCK LESS are trademarks of Roche. Apple and Google trademarks are the property of their respective owners. Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by Roche Diabetes Care is under license. All other product names and trademarks are the property of their respective owners. ©2021 Roche Diabetes Care. Roche Diabetes Care Australia Pty Limited, 2 Julius Avenue North Ryde NSW 2113. ABN 69 602 140 278. Aug 2021. AU-993.

^{*}The estimated Hb1Ac is based on your logged or imported measurements and does not replace actual Hb1Ac measurements. To get your eHb1Ac you have to log or import your blood sugar levels 3 times a day for 7 days.