

Your training run sheet for the Accu-Chek Solo micropump: the insulin pump that escapes the tangle of conventional pump tubing

Manual pg / Ref.

ü System Overview	
Before you start: Settings Form, User's Manual, insulin and timing of last dose	
Diabetes Manager: controls Micropump, power button, LCD screen, Bluetooth®, LED, camera, strip slot, USB port	7, 15-17
Diabetes Manager battery: charge nightly (avoid going completely flat)	35
Pump Base: delivers insulin, ventilation, quick bolus buttons, QR code	7, 61
Reservoir (includes pump battery): fill with 80-200 units of insulin, zinc air battery (not waterproof & requires ventilation)	8, 60
Pump Holder and Cannula (i.e. infusion assembly): adhesive patch, holds cannula and pump in place, only inserted with the insertion device	8, 60
Insertion Device: attaches infusion assembly to skin, cannula position, detach/release buttons, prime (consider purchasing a spare)	8, 61
Intended Insulin Types: rapid acting insulin only (U100 concentration)	1

ü Diabetes Manager	
Power & Battery: on/off, standby mode, recommend daily charge	35-40, 42
Buttons & Touchscreen: function, navigation, insulin button	25-33
Lock screen and PIN: PIN optional (switch off after set up if desired). Master PIN found in envelope	33, 42-43
Set Up Wizard: general settings & Basal Rate Profile	41-57
Set Up Wizard: Bolus Advice settings, Time Blocks & Health Events	134-145

ü Set Up	
Prepare Infusion Assembly: apply pump holder and cannula using insertion device	63, 65-69/video
Prepare Reservoir: fill and attach to Micropump (enter higher units if unsure of amount, i.e. if more than 150U but less than 160U then enter 160U). Top black ring is fill mark	70-76/video
Pair the Diabetes Manager and Micropump: scan QR code (natural light best) or enter pump key	77-80
Fill Reservoir Needle: ensure to wait until insulin droplet continuously forms	80-81
Attaching and removing the Micropump: important - how to perform the 'turn-in' method	video/demo
Basal Rate Profile: activate and start delivery	84

YOUR TRAINING CHECKLIST



ü Diabetes Manager Screens		
	Status Screen & Shortcuts: Logbook, Replace, Basal, New/Cancel Bolus	18-20
	Main Menu and Status Bar: icon menu navigation, status bar symbols (e.g. no communication)	21-23
	My Data: viewing and adding data	21
	Information screen: swipe down when at main menu or status screen	24

ü Daily Use		
	Blood glucose test/entry: using Accu-Chek FastClix & bG test	87-92
	Using Bolus Advice: bG + carbs + health events + notes. Correction or carbs bolus	156-165
	Bolus delivery: choosing Standard bolus type, Insulin Button , cancelling a bolus	107-113, 125-127
	Quick Bolus function: increments, how to use, edit data when used for food bolus	120-122

ü Maintenance		
	Replace workflow - Pump holder and Cannula (infusion assembly): up to max. 3 days. Always follow Replace menu to ensure cannula prime is completed correctly.	187-191
	Replace workflow - Reservoir: single use up to max. 4 days. Always follow Replace menu to prepare system properly. Wait 30 seconds before connecting new reservoir.	192-194
	Replace workflow - Pump Base: DM will warn to prepare to replace. Only replace at 0 days alert!	195-196
	Using Reminders: Personalising infusion set Reminder and other Reminders	253-266

ü Additional Topics		
	Basal Rate Profiles (BRP): selecting another profile, editing existing / adding new BRP	169-177
	Temporary Basal Rates (TBR): setting a TBR, creating a Custom TBR, cancelling a TBR	178-186
	Bolus Advice & Time Block settings: editing settings with guidance from healthcare professional	146-155 + HCP
	Alternate bolus delivery: Extended bolus, Multiwave bolus, Delayed bolus	109-119, 129-130
	Injection Therapy Mode: switching to pens/injections (personal guidance)	267-278
	Data review and Data Transfer: Accu-Chek Smart Pix software download	197-222 + software

ü Important Info		
	Pump therapy: sick day/back-up plan, when to take pump off (not waterproof)	HCP + 5-6
	System message types: Warnings, Errors, Reminders and Maintenance	295-314
	Use tips: removing bubbles with carb bolus (while detached), <2m remote control	11-13
	Accu-Chek Insulin Pump Hotline: 24/7 for product technical support or issues	1800 633 457
	Purchasing consumables & purchases for continued use of the Accu-Chek Solo system	HCP/TM
	Accu-Chek Academy access and details	HCP/TM

Training date/s:

Name of Person with Diabetes:

Name of supporting Healthcare Professional:

Name of Accu-Chek Solo trainer:

www.accu-chek.com.au • Accu-Chek Insulin Pump Hotline: 1800 633 457

FOR PEOPLE WITH DIABETES. ALWAYS READ THE INSTRUCTIONS FOR USE. CONSULT YOUR HEALTHCARE PROFESSIONAL FOR ADVICE. Accu-Chek lancing devices are for single patient use only. The same device must not be used for multiple patients. ACCU-CHEK, ACCU-CHEK AVIVA SOLO, ACCU-CHEK SMART PIX, ACCU-CHEK SOLO and FASTCLIX are trademarks of Roche. ©2021 Roche Diabetes Care. The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc., and any use of such marks by Roche is under license. All other product names and trademarks are the property of their respective owners. Roche Diabetes Care Australia Pty Ltd 2 Julius Avenue, North Ryde NSW 2113 Australia ABN 69 602 140 278 UM-A(F) AU-775 01/2021 09484680001

