

SIMPLY EASY

FOR WHAT
YOU NEED



Get Started

THE SYSTEM THAT'S SIMPLY EASY.

The Accu-Chek Guide Me system is designed for simple¹ and accurate^{2,3} testing. So your patients can get their glucose value without giving it a second thought.



Large, easy-to-read display

Simple two button navigation



ADVANCED
ACCURACY

Fulfills the
EN ISO 15197: 2015
standard and
delivers even tighter
accuracy for reliable
results.^{2,3}

System accuracy: System accuracy results for glucose concentrations less than 5.55 mmol/L		
Within ± 0.28 mmol/L	Within ± 0.56 mmol/L	Within ± 0.83 mmol/L
175/186 (94.1%)	186/186 (100%)	186/186 (100%)
System accuracy results for glucose concentrations equal or greater than 5.55 mmol/L		
Within ± 5%	Within ± 10%	Within ± 15%
296/414 (71.5%)	404/414 (97.6%)	413/414 (99.8%)
System accuracy results for glucose concentrations between 0.78 mmol/L and 32.1 mmol/L		
Within ± 0.83 mmol/L or within ± 15%		
599/600 (99.8%)		

SUITABLE FOR ALL PATIENTS AND ALL BLOOD SAMPLES

1. Can be used for capillary, arterial, venous and neonatal blood samples.³
2. Evaluated with >200 potential interfering substances³ including 24 mandatory substances listed in ISO 15197: 2013.
3. It has a wide hematocrit range :10% - 65% and neonatal clearance.¹



SEND READINGS WIRELESSLY TO THE MYSUGR APP

No more paper logbooks
when connected to the
app.



**EASY TO TAKE JUST ONE
STRIP OUT AT A TIME**

Test strips are packed neatly
in a spill-resistant vial.



WIDE DOSING AREA FOR QUICK TESTING¹

Just place a small drop of blood along the yellow edge.



EASY, CONVENIENT AND VIRTUALLY PAIN-FREE EXPERIENCE⁴

The Accu-Chek FastClix lancing system is built with:

- Clixmotion technology (lancet doesn't vibrate upon lancing)
- Tiny needle (31 G)
- No needle exposure
- 6 lancets in a drum
- One click is all it takes



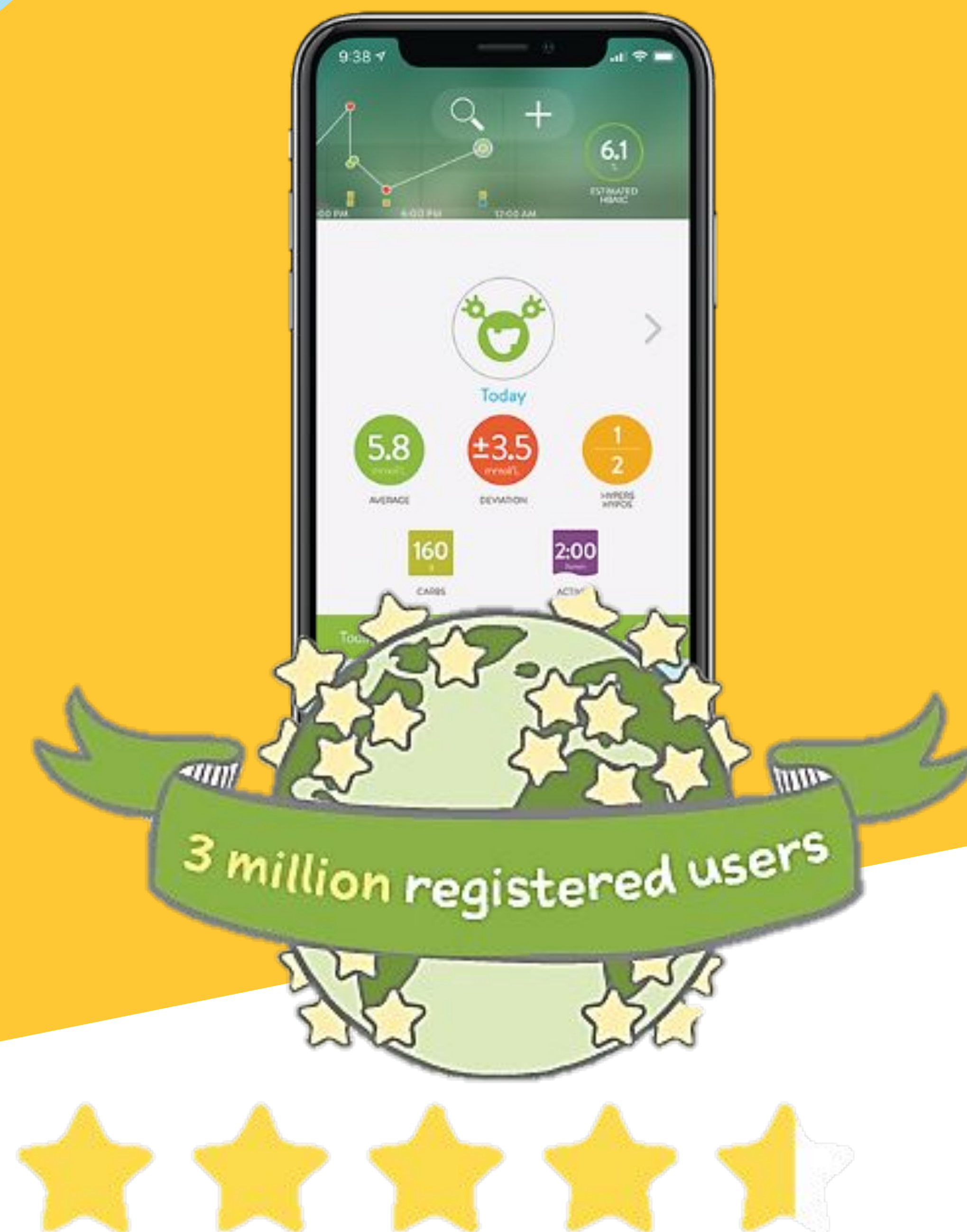
mySugr app

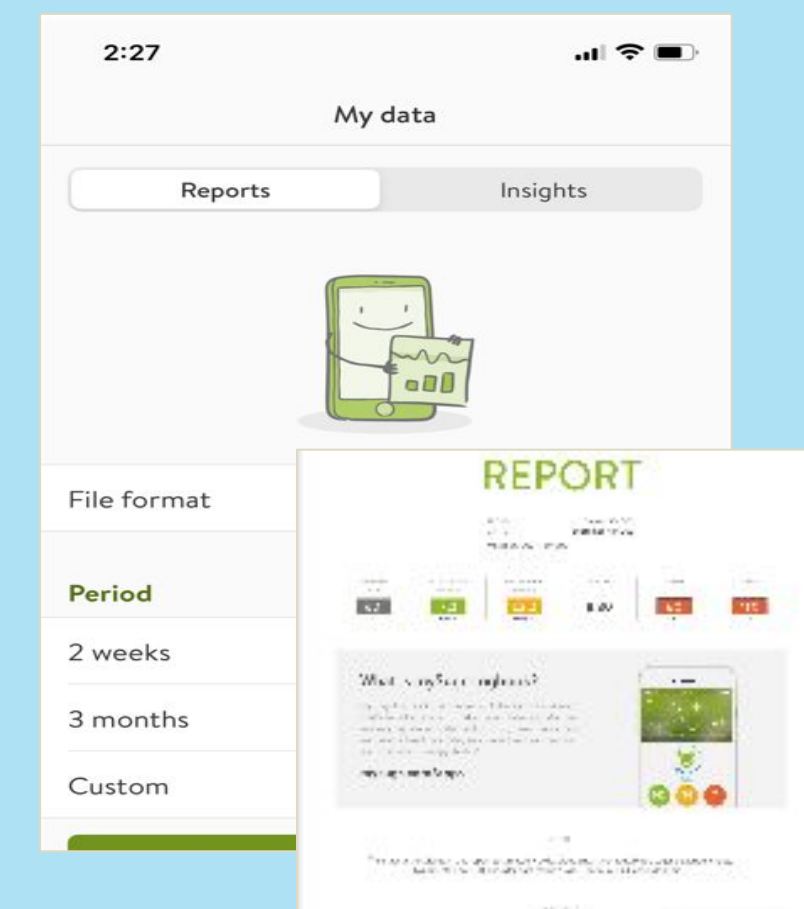
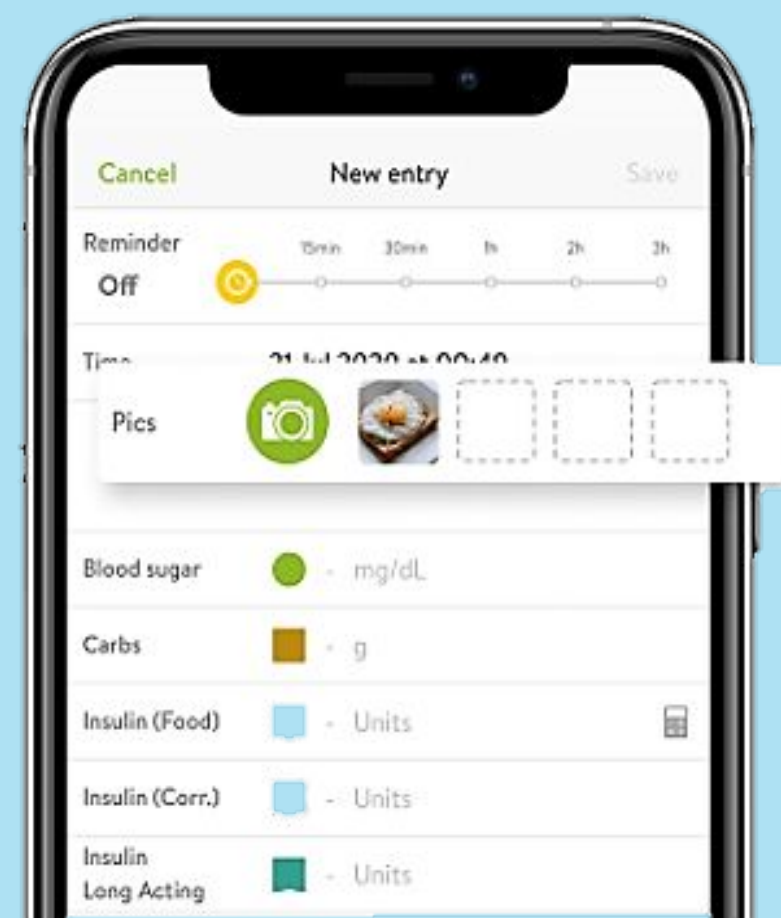
**Made by people
with diabetes,
for people with
diabetes**



ONE OF THE HIGHEST RATING HEALTH APP.⁵

- 4.6 star user experience rating
- 3 million registered users
- Available in > 79 countries





1

Goodbye paper logbook, hello app!

Log your diabetes diary (meal, exercise, etc) easily and seamlessly*. IT IS FREE!

2

3

4

Individual reading color code

Analyse your blood glucose data easily.

- Normal
- Out-of-range
- Danger (either hypo or hyper)

5

Estimated HbA1c**

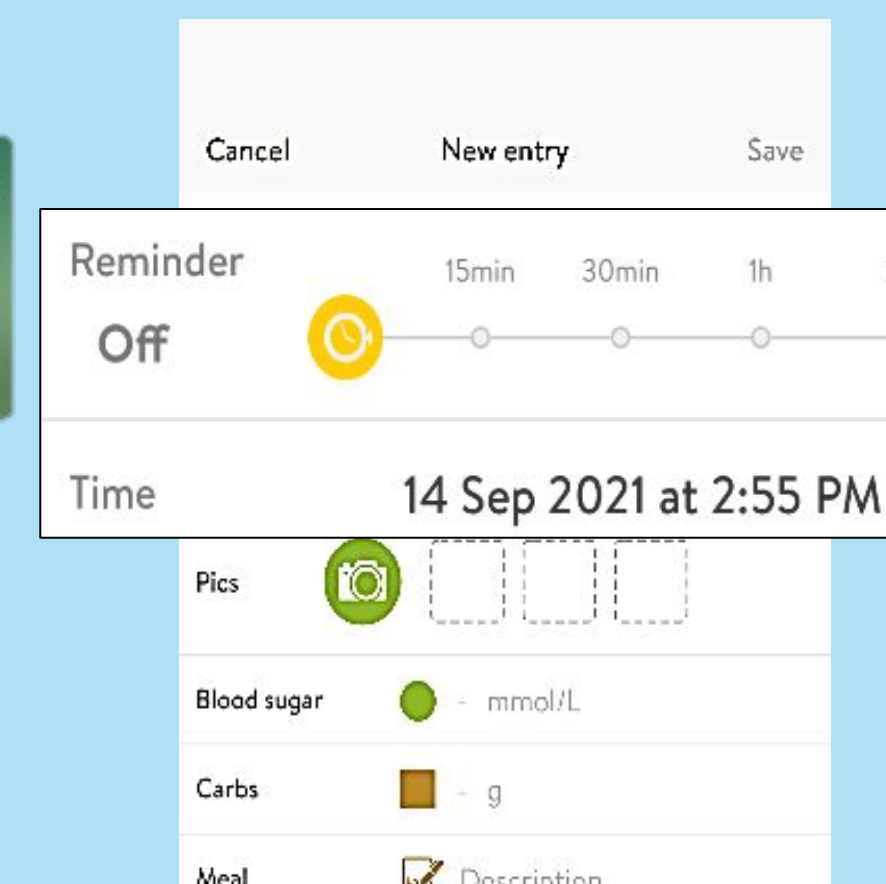
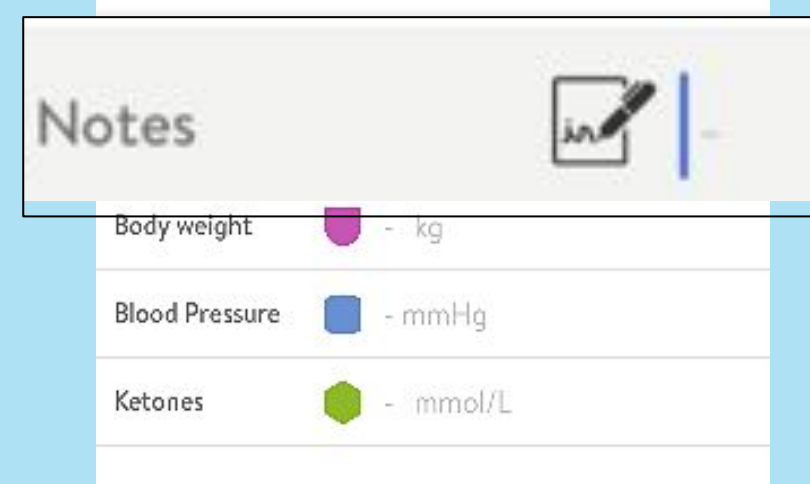
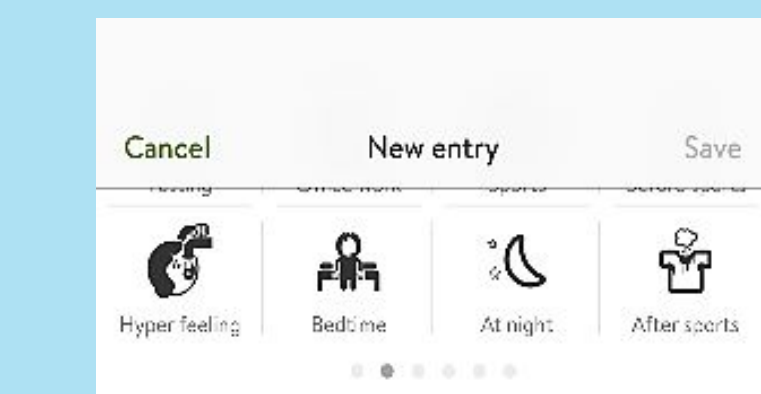
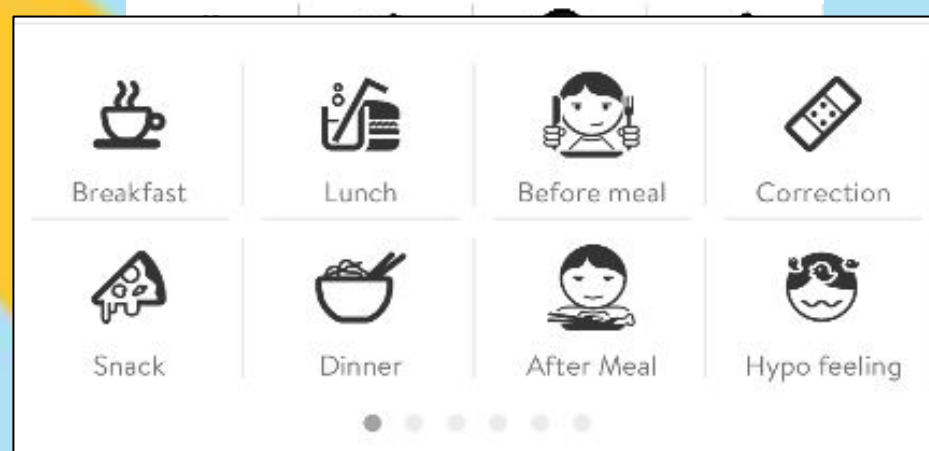
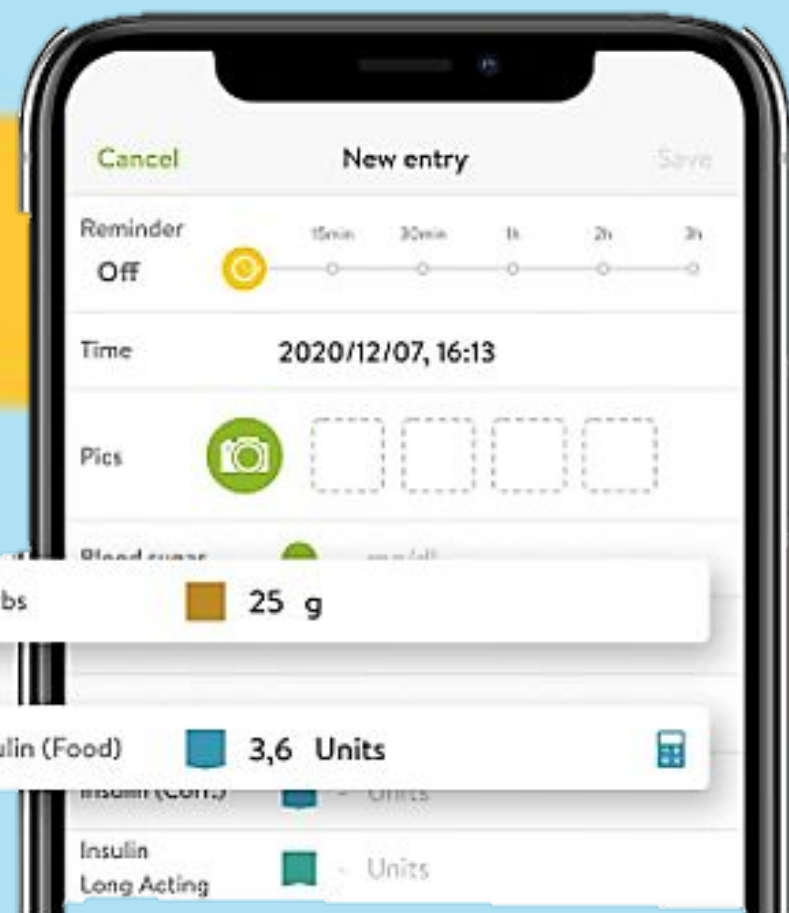
With an estimated HbA1c on your mobile screen, there are no more nerve-wracking surprises at the doctor's clinic.

6

Quick and easy sharing of reports

Whether in-person or online, share your blood glucose report in PDF format* with your doctor conveniently!





Personalised Logging Screen

Fields for adding, removing and recording information allow each individual to make mySugr their very own.

Contextual Tags

Each piece of data has a story around it and tags (like “Eating out”, “Stress” or “Travelling”) help tell that story.

Notes

A quick note like a forgotten dose of insulin or problem with a pump helps take the mystery out of diabetes management.

Detailed Analysis

Sometimes it's necessary to dig deeper. Whether troubleshooting a problem area or optimising overall therapy, the analysis screens provide an efficient way to work through the data.

Reminder*

There's already too much to remember with diabetes. With a simple reminder to check your blood sugar or to take your meds, there's one less thing to keep track of.

Smart Search*

Locations, foods, activities and more are all searchable. The results of every decision, scenario and circumstance are instantly available.



DIFFERENCES BETWEEN THE BASIC AND PRO VERSION

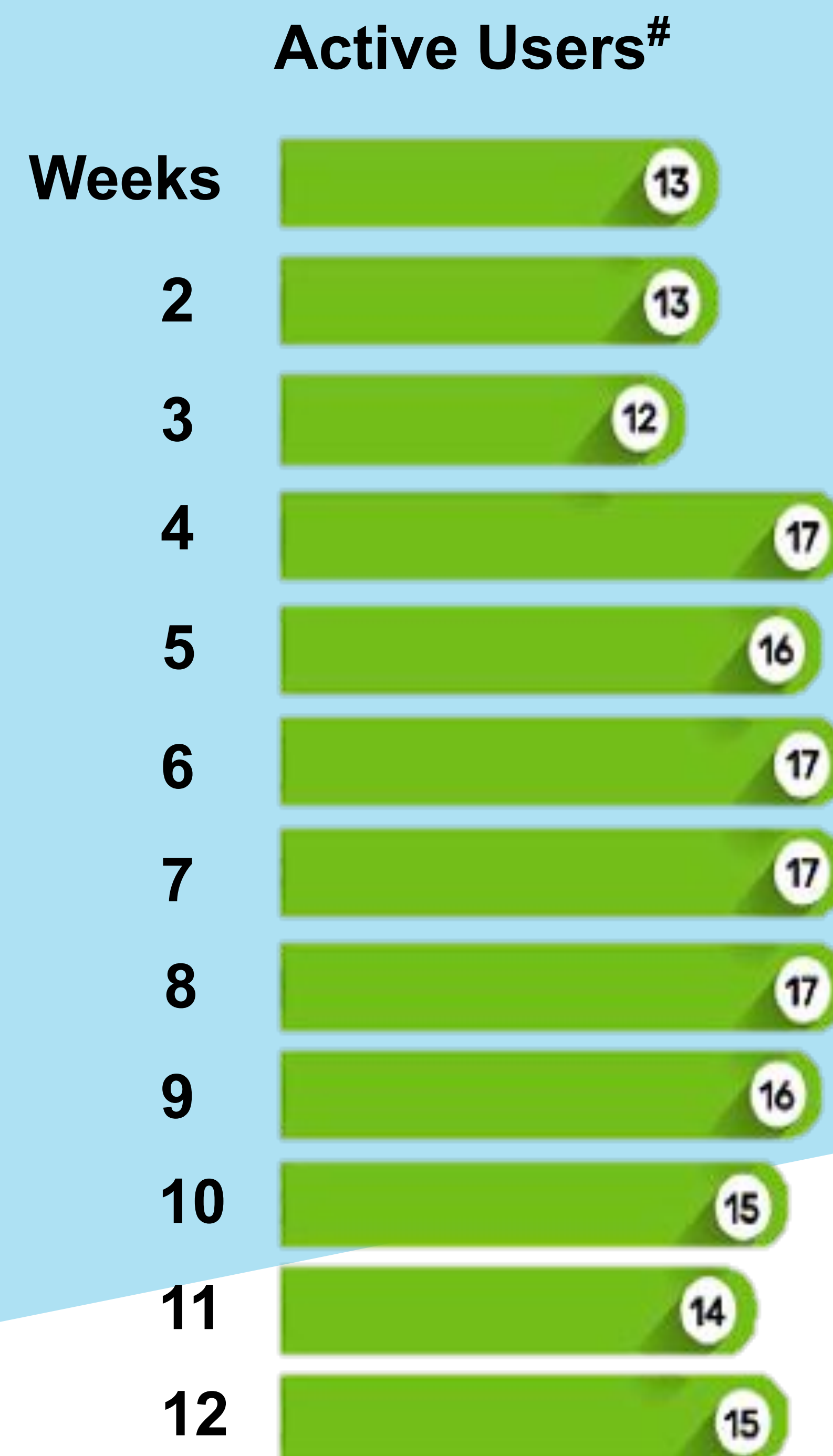
Available for Accu-Chek Guide and Accu-Chek Guide Me users in Australia, they get the mySugr PRO version for FREE!*

Feature	Basic (Free)	Pro (\$42.99/yr)
Logging	✓	✓
Analysis	✓	✓
Challenges	✓	✓
Tags	✓	✓
CSV Reports	✓	✓
CSV, PDF & Excel Reports	CSV	✓
Meal Photos		✓
Smart Searches		✓
Blood Sugar Reminders		✓
Multi-Device Syncing		✓
Bonus Pro Tags		✓
Bonus Pro Challenges		✓
Priority Support		✓



PROVEN PATIENTS' ADHERENCE

88% of patients maintains adherence to the use of the mySugr app for 12 weeks⁶

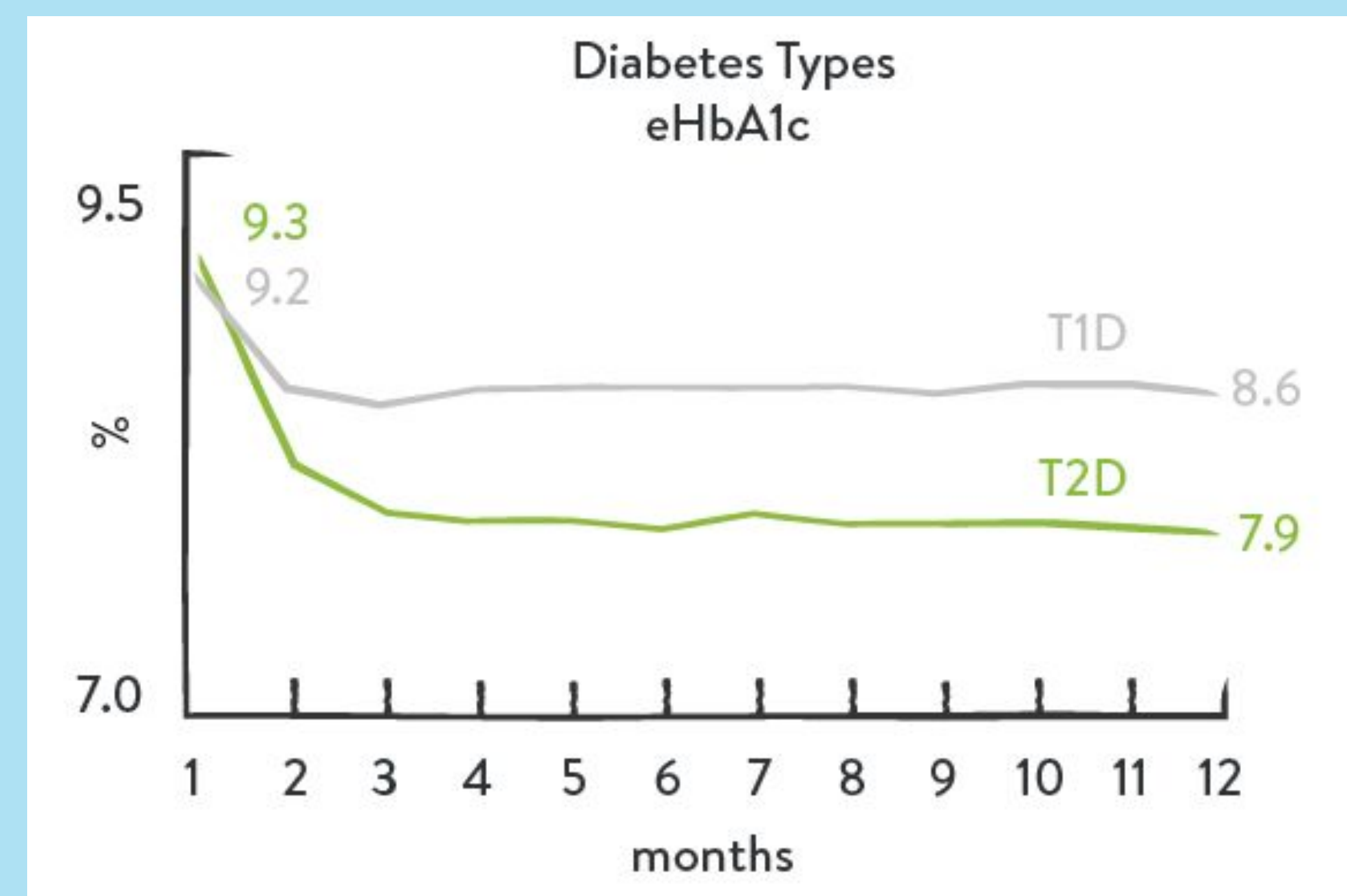


[#] Users that opened the app and entered data 5 days per week over a period of 12 weeks



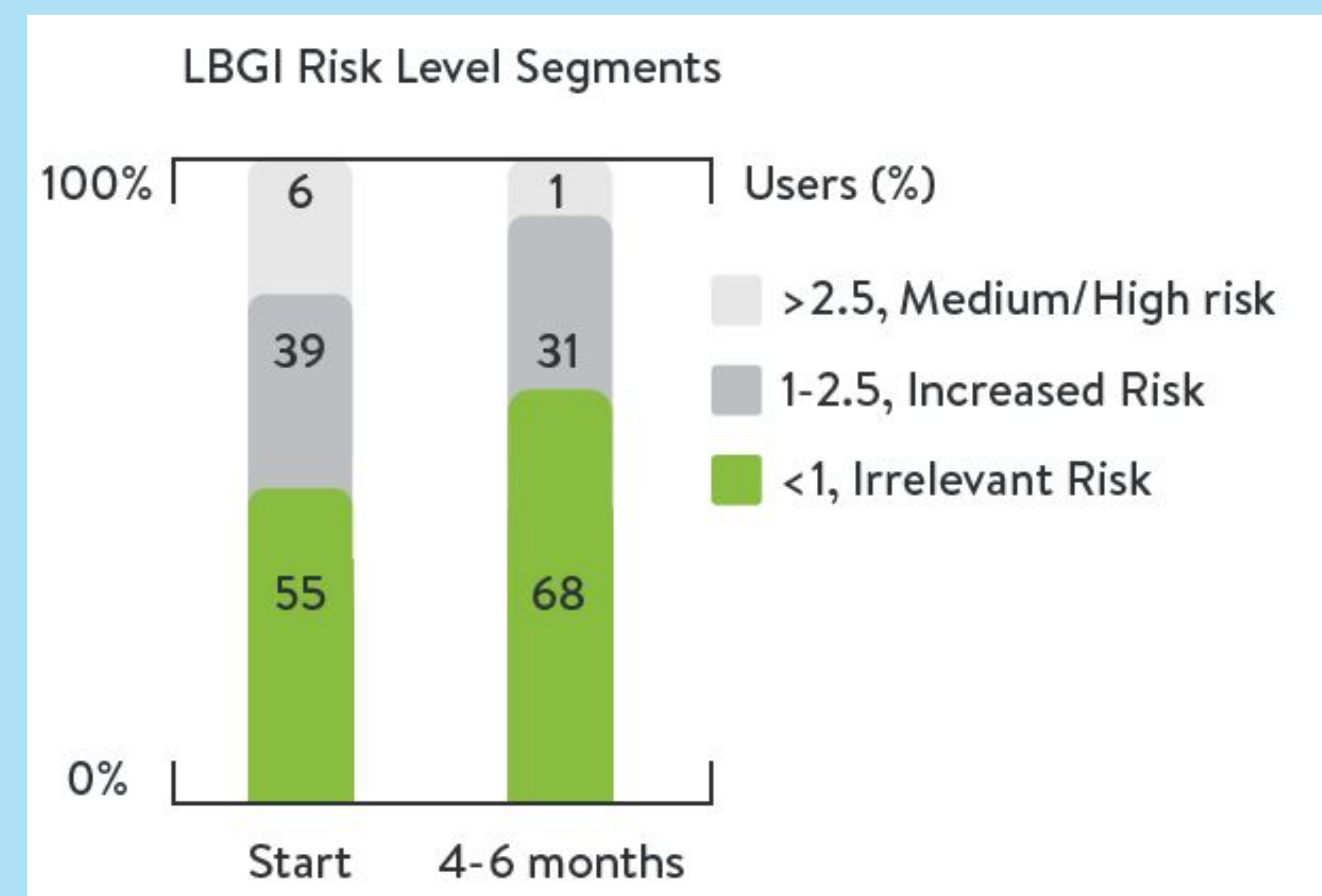
ESTIMATED HBA1C (eHBA1C) REDUCTION IN TYPE 1 AND TYPE 2 DIABETES

mySugr users with eHbA1c 8% at baseline see sustainable improvement of estimated HbA1c levels over 12 months use of app.^{7,8}



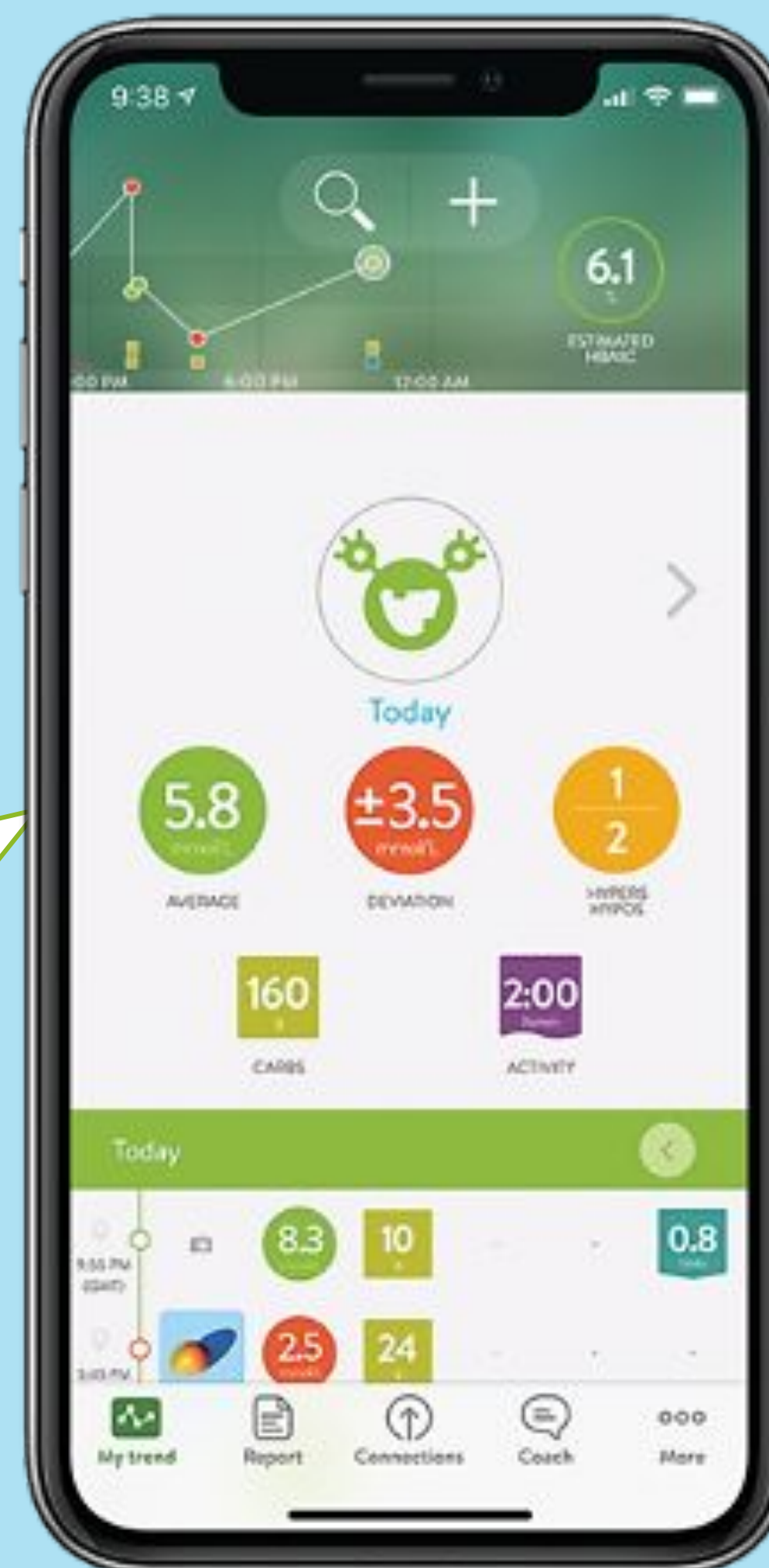
LOWER RISK OF HYPOS. THANKS TO THE LOGBOOK.

Retrospective data analysis indicate that after 6 months of using the mySugr app, the occurrence of low blood glucose significantly decreased for people at risk of hypoglycaemia. The LBGI was reduced by 17.4% during the time of monitoring.⁹



Best Tool I Have – I just want to encourage anyone who is a diabetic and not already using this app to give it a try. It's easy, fun, and motivating. For the first time, I enjoy checking and logging my blood sugar. And I'm learning a lot along the way.¹⁰

- By Econ Monster



Excellent app! – Great application with everything a diabetic needs to track and more! The “tame your monster” game is fun and motivating and keeps you at it! Will be upgrading to the pro version!¹⁰
- By 9.95

This app makes diabetes care manageable! – This app is easy and fun! I've been an insulin-dependent diabetic for 32 years and have never been this consistent with documenting my blood sugars. Thanks for making it fun!¹⁰
- By ladiex



References:

1. Harvey, Craig, et al. Usability Evaluation of a Blood Glucose Monitoring System With a Spill-Resistant Vial, Easier Strip Handling, and Connectivity to a Mobile App: Improvement of Patient Convenience and Satisfaction. *Journal of Diabetes Science and Technology*. 2016:1932296816658058
2. Brazg RL, et al. *J. Diabetes Sci Technol*. Nov 2016 DOI:10.1177/1932296816652902
3. Accu-Chek Guide Me System Evaluation; 2016.
4. Accu-Chek Drum-based Lancing Devices Global Value Dossier, 2012.
5. <https://www.mysugr.com/en/diabetes-app>. Average app rating in App Store and Google Playstore.
6. Rose KJ, König M, Wiesbauer F, Evaluating success for behavioral change in diabetes via mHealth and gamification: mySugr's keys to retention and patient engagement. *Diabetes Technology & Therapeutics* February 2013;15:A114-A114.
7. Eichinger, V., et al., Mobile health application usage shows long-term improvement on blood glucose control. Virtual EASD 56th Annual Meeting 2020.
8. Dehong, F., et al., Real-World Assessments of mySugr Mobile Health App: Emerging Digital Health Technologies in Diabetes. *Diabetes Technology & Therapeutics*. Vol. 21, 2019, No. S2-35-S2-40.
9. Hompesch, M., et al., High risk population using mobile logging application shows significant reduction in LBG. Presented at the American Diabetes Association 77th Scientific Sessions, 2017, San Diego, California, USA.
10. <https://apps.apple.com/us/app/mysugr-diabetes-tracker-log/id516509211#see-all/reviews>. mySugr app user review in App Store and Google Playstore.

*Available in mySugr PRO version only. Available for Accu-Chek Guide and Accu-Chek Guide Me meter users in Australia. When paired with an Accu-Chek Guide or Accu-Chek Guide Me blood glucose meter, mySugr PRO benefits include additional features like PDF and EXCEL report, Smart Search, motivating challenges, meal photos and much more! As long as you continue to import values from your Accu-Chek Guide or Accu-Chek Guide Me meter at least once every 30 days, you will stay PRO.

** The estimated HbA1c is based on the imported measurements and does not replace actual measurements. To get your eHbA1c you have to log or import your blood sugar levels 3 times a day for 7 days.

WARNING – KEEP BATTERIES OUT OF REACH OF CHILDREN. If you suspect your child has swallowed or inserted a button battery immediately call the 24-hour Poisons Information Centre on 13 11 26 for fast, expert advice.

FOR PEOPLE WITH DIABETES. ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

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Find out more at: www.accu-chek.com.au