ACCU-CHEK® Mobile

EN Important information on performing a blood glucose test using the changed tip of the cassette

An incorrectly performed blood glucose test may lead to incorrect test results which can cause the wrong therapy recommendation to be made and thus produce serious adverse health effects. Therefore, read the information on how to perform a blood glucose test correctly, carefully.

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Important information

	Do	Do not	Why
1	Before testing your blood glucose: **Wash your hands** with soap and warm water; rinse well to remove any visible or invisible signs of glucose residue from, for example, food or drink. Dry your hands thoroughly with a clean towel.	Do **not** perform a blood glucose test if the testing site has not been washed or is soiled or sticky (for example, due to glucose residue from, for example, food or drink).	Fingers that are soiled, sticky or that have not been washed may lead to falsely elevated blood glucose results and delivery of an inappropriately high insulin amount.
2	Always use a fresh, well-formed blood drop and perform the test as quickly as possible after lancing.	**Do not delay** applying the blood drop to the test area. Do not perform a blood glucose test with a smeared or spread blood drop. Do not smear the blood drop on the test area.	If you perform a blood glucose test with a blood drop that has spread or if you smear the blood drop on the test area, the risk of contamination of the test area increases. This may lead to falsely elevated blood glucose results and delivery of an inappropriately high insulin amount.
3	When performing the test, place your finger gently on the guidance tabs so that **only the blood drop** comes into contact with the **centre of the test area**. Your finger should not make any contact with the test area. Keep your finger as still as possible.	Do **not** attempt to force your finger between the guidance tabs or apply any direct pressure to the test area. Avoid trembling or shaky movements.	Pressing your finger onto the test area or shaking or trembling may lead to falsely elevated blood glucose results and delivery of an inappropriately high insulin amount.
4	When the beep tone sounds and *Test in progress* is displayed on the screen, remove your finger from the test cassette immediately. Note: You can only hear the beep tones when they are turned on. See *Setting tones* in the User's Manual.	Do **not** keep your finger on the guidance tabs or apply pressure to the test area after the beep tone sounds and/or *Test in progress* is displayed on the screen.	If you do not perform the blood glucose test immediately or you keep your finger on the guidance tabs for too long, this may lead to falsely elevated blood glucose results and delivery of an inappropriately high insulin amount. Pay attention to the beep tone. The beep tone helps you to obtain a reliable test result.

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