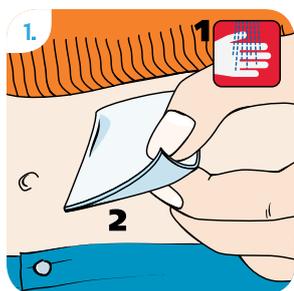


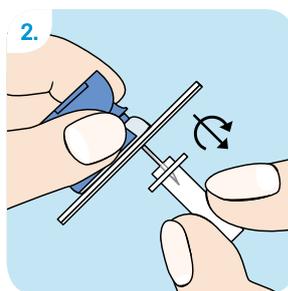
Accu-Chek® FlexLink Training Chart

For users of the Accu-Chek FlexLink cannula and infusion set.

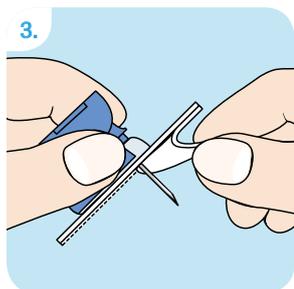
The Accu-Chek FlexLink cannula is intended for the subcutaneous infusion of insulin with an insulin pump.



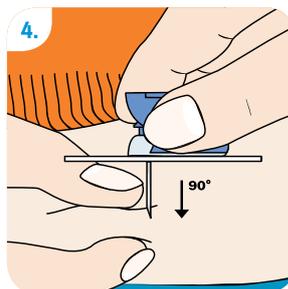
1. Choose a site away from the waistline, bones, scar tissue, belly button and recently used insertion sites. Clean hands and the insertion site according to the instructions from your health care professional. Allow insertion site to dry before inserting the Accu-Chek FlexLink.



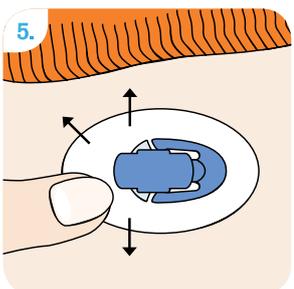
2. Hold the Accu-Chek FlexLink blue holder cap with thumb and forefinger. Then turn and pull to remove the transparent protective cover.



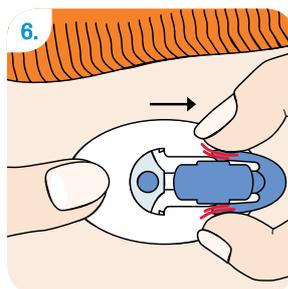
3. Remove both pieces of the adhesive backing from the cannula.



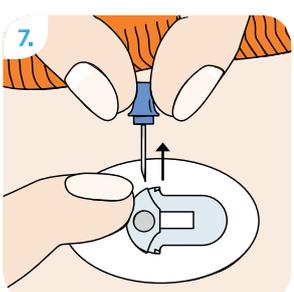
4. Pinch together a bit of tissue at the disinfected site. Insert the introducer needle and soft cannula quickly and straight into the insertion site, at a 90° angle.



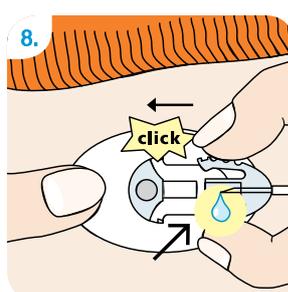
5. Press the adhesive plaster firmly, ensuring it makes good contact with the skin.



6. Holding the adhesive plaster in place, gently press the side clips of the blue holder cap and slide it from the cannula housing.



7. To remove the introducer needle, hold the cannula firmly to your body. Using its handle, withdraw the introducer needle at a straight angle. Dispose of the introducer needle in accordance with local regulations.



8. Screw the luer-lock firmly into the pump adapter. Prime the Accu-Chek FlexLink tubing according to the pump manufacturer's operating instructions until the insulin emerges at the tip of the connector needle. Do not leave air bubbles in either the cartridge or the tubing. Connect the tubing to the newly inserted cannula. A click must be heard when connecting. Fill the empty space of the cannula housing with a bolus of 1.0 units of insulin U-100. Start the pump.

Please refer to the Instructions for Use of the Accu-Chek FlexLink for warnings, precautions and more detailed information.

Note: These instructions relate to the manual insertion of the Accu-Chek Flexlink cannula. For instructions relating to the assisted insertion of the Accu-Chek Flexlink cannula see the Accu-Chek LinkAssist Training Chart.

See our website for the full range of Accu-Chek insulin delivery system products as well as additional tubing and cannula length options.

www.accu-chek.com.au • Pump Hotline: 1800 633 457 • Email: australia.insulinpumps@roche.com

For people with diabetes. Use only as directed. Consult your healthcare professional for advice.

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01/2018 AU-206