ACCU-CHEK® Mobile

Roche

EN

Quick Start Guide

START HERE

ACCU-CHEK®

- This Quick Start Guide is not a substitute for the full User's Manual supplied with your Accu-Chek Mobile system. Please be sure to observe the safety information in the User's Manual.
- **The Accu-Chek Mobile meter and attached finger pricker are intended for patient self-monitoring by an individual person only. These items do not incorporate any features to guard against spread of infection and must not be used on more than one person. They are also not suitable for professional use in healthcare facilities and institutions.**

Overview: Test cassette, meter and finger pricker

A Release button (priming and pricking)
B Window showing number of available lancets
C Lever for loading a new lancet
D Rotatable cap for setting the penetration depth
E Test area at the tip of the cassette
F Down/Up buttons
G Power and Enter button
H Slide button to release finger pricker
I Slide button to open the cassette compartment cover
J Tip cover

Lancet drum with 6 lancets

1

Open the test cassette package and remove the foil-sealed plastic container containing the test cassette.

2

Remove the new test cassette from the foil-sealed plastic container.

Starting to use the Accu-Chek Mobile system

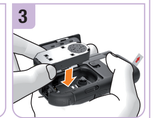
1

Open the tip cover completely as far as it will go. Only then will you be able to open the cassette compartment and insert the test cassette.

2

Push the slide button upwards. This opens the cassette compartment cover.

3



Insert a new test cassette into the meter. Close the cassette compartment cover and the tip cover.

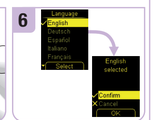
4

Pull the protective strip of the batteries backwards out of the meter. Remove the protective film from the display.

5

Press the button for about 2 seconds until the meter turns on. Use the buttons to select the language.

6



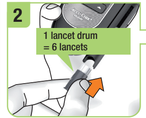
Press the button to set the desired language. Press the button to confirm the selected language.

Preparing the finger pricker

1

Remove the cap from the finger pricker.

2



Insert a new lancet drum (white end first). You now have 6 new and sterile lancets at your disposal.

Do not remove the lancet drum before all 6 lancets have been used. You cannot reinsert a lancet drum that has once been removed.

3

Place the cap back on again.

4

Rotate the cap of the finger pricker until the desired penetration depth is level with the indicator. Start with a medium penetration depth such as 3.

Loading a new lancet

Prepare your finger pricker for obtaining blood the next time: Push the lever at the side of the finger pricker as far as it will go in direction 1 and then back again in direction 2 to load a new lancet.

What you need to know

Wash your hands with warm water and soap. Dry your hands well before obtaining blood.

- Immediately apply the blood to the test area after you have created the drop and the meter displays *Apply drop.*
- Touch the blood drop to the test area **gently** when applying blood. Do not press the test area onto the finger and do not spread the blood drop.

Use a small, fresh, well-formed blood drop for each blood glucose test and apply it to the centre of the test area on the cassette.

Performing a blood glucose test

1

Open the tip cover. The meter automatically turns on.

2

Press the finger pricker firmly against the selected puncture site. Press the release button all the way down to obtain a blood drop.

3

Apply the blood drop to the centre of the test area. Touch the blood drop to the tape gently.

4

Testing is complete after approx. 5 seconds, depending on the blood glucose concentration. Read the test result and close the tip cover. The meter turns off.

Customer Support and Service Centre

Roche Diagnostics Limited
Charles Avenue, Burgess Hill
West Sussex, RH15 9RY,
United Kingdom
Accu-Chek Customer Careline®

UK Freephone number: 0800 701 000
ROI Freephone number: 1 800 709 600
®calls may be recorded for training purposes
www.accu-chek.co.uk

Roche Diagnostics Australia Pty. Ltd.
31 Victoria Avenue, Castle Hill
NSW 2154, **Australia**
ABN 29 003 001 205
Accu-Chek Enquiry Line: 1800 251 816
www.accu-chek.com.au

Last update: 2011-10

CE 0088

©2011 Roche Diagnostics

ACCU-CHEK, ACCU-CHEK MOBILE and FASTCLIX are trademarks of Roche.

Roche Diagnostics GmbH
Sandhofer Strasse 116
68305 Mannheim, Germany
www.accu-chek.com

06938787001(00) - 2011-10 M_Version01_PrD