ACCU-CHEK® Performa Nano

Roche

EN

Start Here

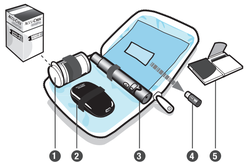
Quick Start Guide

WARNING

This Quick Start Guide does not replace the User's Manual for your Accu-Chek Performa Nano blood glucose meter. The User's Manual contains important handling instructions and additional information.

ACCU-CHEK®

Contents



1. Test Strip Container
2. Accu-Chek Performa Nano Meter with Pre-Inserted Activation Chip
3. Accu-Chek FastClix Lancing Device
4. Lancet Drum – contains 6 lancets
5. User's Manual

WARNING

The lancing device is intended for personal use only.

No Meter Preparation Necessary

Your meter is already coded and comes with a pre-inserted **black** activation chip that you never need to change. Even if you use test strips from test strip boxes that contain another chip that is a different colour or has different code numbers, you never need to change the **black** activation chip again.

NOTE

If you open a test strip box and find an extra activation chip, simply discard it.

Setting up the Lancing Device

1

Familiarise yourself with the Accu-Chek FastClix lancing device.

2

Get the lancet drum from the pocket in the carry case.

NOTE

Each lancet drum contains 6 sterile lancets.

3

Remove the cap by pulling it straight off. Do not twist the cap.

WARNING

You must not insert the lancet drum into the lancing device and simultaneously press the release button or hold the lancing device with the release button resting on a surface such as a table top. This could release a lancet and inadvertently cause injury.

4

Insert the lancet drum, white end first, into the lancing device. Push the drum all the way in until it clicks firmly into place.

NOTE

Do not remove the lancet drum until all 6 lancets are used since the drum cannot be reused once it has been removed from the lancing device.

5

Replace the cap on the lancing device. Make sure the notch on the cap lines up with the notch on the device.

6

Adjust the lancet depth to a comfortable penetration level. Start at 2. For tougher skin, dial to a higher number.

When ready to test…

Using the lancing device: By pressing the release button, the lancing device primes and pricks with 1 click.

Setting the Time and Date on the Meter

1

Press and release ⊛. The meter beeps and **set-up** appears on the display with the hour flashing.

2

Use ◄ or ► to adjust the hour. Press and release ⊛ to advance through the hour, minutes, am/pm, day, month, and year, adjusting each flashing setting as needed with ◄ or ►.

Performing a Blood Glucose Test

1

Wash and dry your hands before you perform a blood glucose test.

2

Check the use by date on the test strip container. Do not use test strips past the use by date.

3

Remove a test strip from the test strip container. Close the cap tightly.

4

Insert the test strip into the meter in the direction of the arrows until the meter beeps.

The code number appears briefly, the meter beeps, and a flashing blood drop symbol appears.

5

Hold the lancing device firmly against the edge of your fingertip and press the release button until it clicks to prick your finger.

6

Touch the end of the test strip to the blood drop. Do not put blood on top of the test strip.

The meter beeps and Ξ flashes when there is enough blood in the test strip.

The test result appears on the display after 5 seconds.

Before you finish…

Prepare the lancing device for the next test. Slide the lever over and back once to advance to the next lancet. The window shows the number of lancets remaining.

Error Messages

If any of the error messages below appear on the display at any time, refer immediately to the User's Manual, Chapter 5, Display and Error Messages.

E-1 The test strip may be damaged or not properly inserted. Remove and reinsert the test strip or replace it if damaged.

E-2 The activation chip is incorrect. Turn the meter off and insert a new activation chip. If you need an activation chip, contact Roche.

E-3 Your blood glucose may be extremely high or a meter or a test strip error has occurred. If your test result matches how you feel, contact your healthcare professional immediately. If your test result does not match how you feel, repeat the blood glucose test. See the User's Manual, Chapter 2, Unusual Blood Glucose Results. If the second test result does not match how you feel, perform a control test with the control solution and a new test strip. If the control result is within the acceptable range, review the proper testing procedure and repeat the blood glucose test with a new test strip. If the E-3 code still appears for your blood glucose test, your blood glucose result may be extremely high and above the system's reading range. **Contact your healthcare professional immediately.** If the control result is not within the acceptable range, see the User's Manual, Chapter 4, Understanding Out-of-Range Control Results.

E-4 Not enough blood or control solution was drawn into the test strip for measurement or was applied after the test had started. Discard the test strip and repeat the blood glucose or control test.

E-5 This message may appear when using a white code chip in the meter. It means the white code chip is from an expired lot of test strips. Turn the meter off and insert a black activation chip. Make sure the time and date in the meter are correct.

E-6 Blood or control solution was applied to the test strip before the flashing drop symbol appeared on the display. Discard the test strip and repeat the blood glucose or control test.

E-7 An electronic error occurred, or in rare cases, a used test strip was removed and reinserted. Turn the meter off and on, or take the batteries out for 20 seconds and reinsert them. Perform a blood glucose or control test.

E-8 The temperature is above or below the proper range for the system. Refer to the test strip package insert for system operating conditions. Move to an area with the appropriate conditions, wait 5 minutes, and repeat the blood glucose or control test. Do not artifically heat or cool the meter.

E-9 The batteries are almost out of power. Change the batteries now. If the message reappears after the batteries have been replaced, slide the battery drawer out of the meter, press any meter button, then reinsert the battery drawer back into position.

E-10 The time and date settings may be incorrect. Make sure the time and date are correct and adjust, if necessary.

NOTE

Contact Roche if the error message continues.

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Roche USA – 52521
V4/1 – 07225504001 – Black

Roche USA – 52521
V4/2 – 06518869002 – Cyan

Roche USA – 52521
V4/3 – 06518869002 – Magenta

Roche USA – 52521
V4/4 – 06518869002 – Yellow

ACCU-CHEK® Performa Nano

Roche

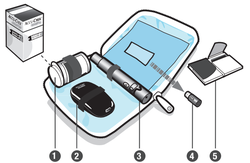
繁中

由此開始

快速入門指南

⚠ **警告**

本快速入門指南並不能取代您的 Accu-Chek Performa Nano血糖機使用者手冊。使用者手冊內有重要操作指示以及其他資訊。



1. 試紙瓶
2. Accu-Chek Performa Nano血糖機及預先插入的啟動器
3. 滾筒式針筒—含6枚採血針
4. 使用者手冊

⚠ **警告**

採血筆僅供個人使用。

ACCU-CHEK®

目錄

不需在檢測前準備血糖機

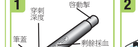
您的血糖機已經內建有密碼，並預先插入**黑色**啟動器。這個啟動器永遠不需要更換。即使新的試紙盒裡有其它不同顏色的密碼條或不同的密碼，您也無須再次更換**黑色**啟動器。

備註

如果您開啟的試紙盒裡有另一個啟動器，可以直接拋棄。

準備採血筆

1



熟悉Accu-Chek FastClix易極採血筆。

2

取出一個新的滾筒式針筒。

備註

每個針筒含6支採血針。

3

拉開採血筆筆蓋。請勿扭轉採血筆筆蓋。

⚠ **警告**

請勿在將滾筒式針筒放入採血筆的同時按下彈動鈕，或是拿著採血筆時將彈動鈕靠在物品表面作支撐。如機會，這可能彈動一枚採血針，而在無意中造成傷害。

4

將滾筒式針筒放入（白色端先放入）採血筆。
將針筒推入，直到穩當扣住。

備註

六支採血針尚未用完之前，請勿將滾筒式針筒取出；因為針筒從採血筆中取出後不能再次使用。

5

將採血筆筆蓋套回採血筆上。確認採血筆筆蓋的凹位必須對回筆身之「U」位置入。

6

調校採血深度至舒適的度數，由「2」開始，較深的皮膚可選擇較大的度數。

準備好進行…

使用採血筆：按下採血筆彈動鈕；一下就可完成上針和採血。

設定血糖機的時間與日期

1

按下又放開◆，血糖機發出嗶聲，顯示屏上出現**bmp**（設定），小時數字閃爍。

2

用◀或▶來調整時間。按壓又放開◆進小時，分鐘，「am」（上午）或「pm」（下午）、日期、月份及年份間換。用◀或▶調整閃爍部分的設定。

執行血糖檢測

1

血糖檢測前請洗淨並抹乾您的雙手。

2

檢查試紙瓶上的保存期限，請勿使用過期的試紙。

3

從試紙瓶取出一片新試紙，然後蓋緊瓶。

4

依箭頭方向將試紙插入血糖機，直到血糖機發出嗶聲。

密碼快速出現後，血糖機發出嗶聲，之後會出現一個閃爍的血滴符號。

5

將採血筆緊貼您手指的邊緣，按下彈動鈕直到它發出不容聲並扎入手指。

6

將血滴接觸試紙末端。請勿將血滴放在試紙上方。

血糖機發出嗶聲並閃燈時，表示試紙已經吸入足夠的血液。

5秒後檢測值會顯示在顯示器上。

在結束全部的程序前…

為下次檢測準備好採血筆，推一下白色轉動輪，然後再推回，以準備新一支採血針。小窗口數字顯示剩餘採血針數量。

錯誤訊息

若下列任何錯誤訊息在任何時間出現在顯示屏上，請立即參考使用者手冊第5章「顯示屏訊息與錯誤訊息」。

E-1試紙可能已經受損，或是沒有正確插入。移除試紙再重新插入。如果試紙已經受損，請開啟一片新的試紙。

E-2 啟動器不正確。關閉血糖機並插入新的啟動器。如您需要啟動器，請聯絡客戶服務部。

E-3您的血糖可能非常高或發生了血糖機或試紙錯誤。如果檢測結證實了您的感覺，請立即聯絡專業醫護人員。如果檢測值明顯的感覺不符，請再次檢測血糖。請參閱您用者手冊第2章「異常的血糖檢測值」。如果第二次檢測值不符合您自己的感覺，請用實驗室和一片新的試紙進行實驗檢測。如果實驗檢測值在可接受的範圍內，檢驗檢測步驟是否正確並用使用新的試紙重新進行血糖檢測。如果在血糖檢測時仍出現E-3訊號，您的血糖可能非常低且超過本儀的讀取範圍。**請立即聯絡專業醫護人員**。如果實驗檢測值超出可接受的範圍，參考使用者手冊第4章，瞭解超出範圍的實驗檢測值。

E-4試紙吸入的血量或實驗液量不足，或在開始檢測後才沾血或實驗液。丟棄試紙並重新進行血糖或實驗檢測。

E-5 使用白色密碼條的血糖機有可能出現這個訊息。這表示白色密碼條安自過期狀態的試紙。關閉血糖機並插入黑色啟動器。確認血糖機的時間、日期正確。

E-6閃爍的血滴符號顯示在顯示屏前，表已將血液或實驗液滴沾到了試紙上。丟棄試紙並重新進行血糖或實驗檢測。

E-7電子故障，或偶爾也可能出現用過的試紙被用出後又重新放入的情況。關閉血糖機再重新打開或將電池拆下，30秒後再重新裝上，執行血糖或實驗檢測。

E-8溫度低於或高於合適的檢測溫度。參考試紙包裝內的說明書上的系統操作條件，移到符合條件條件的環境，等5分鐘過後再重新進行血糖或實驗檢測。請勿將實驗血糖機加熱或降溫。

E-9電池量機乎耗盡。請立即更換電池。若更換電池後訊息又再次出現，先將電池盒推出血糖機，然後按壓任何一個血糖機按鍵，再將電池盒推入定位。

E-10時間與日期設定可能不正確。若有需要，請檢查時間與日期是否正確。如有需要請作出調整。

備註

如有錯誤訊息持續出現，請聯絡客戶服務部。

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